SUN HUNG KAI & CO. HONG KONG RACE WEEK 2023
Incorporating the 2023 29er Asian Championship

Hong Kong Race Week is one of the leading International One Design dinghy and invited classes regattas in Asia and as an event has attained the highest of environmental awareness awards, working with the Sailors for the Sea organisation since 2015.

As an annual event, Hong Kong Race Week repeatedly demonstrates a collective commitment to improving our marine environment by recycling, minimising waste and avoiding single-use plastics.

The event has been well recognised for their commitment to the Clean Regatta and Sailors for the Sea cause by the Royal Hong Kong Yacht Club, and the club applies all the principal elements across daily operation.

1. Eliminate Single-Use Water Bottles and Provide Water Refill Stations

From the onset – the RHKYC has been actively promoting the banning of single use plastic products at the club. On 4 May 2016 – the Royal Hong Kong Yacht Club announced that the Club will no longer sell beverages in single-use plastic bottles nor provide members with plastic bags or plastic straws. This initiative took effect from 8 June 2016, an auspicious date being the internationally celebrated World Oceans Day, a United Nations recognised day of celebration and action for the ocean held every 8 June.

Then RHKYC Rear Commodore of Sailing, Anthony Day said, “Reducing the amount of waste being dumped into our oceans is one of the challenges of our time. Here in Hong Kong, where recycling is effectively non-existent, it’s impossible to sail far without being struck by the amount of plastic that finds its way into our waters and onto our beaches. As one of the world’s larger and most active yacht clubs, RHKYC is then uniquely positioned to be able to show innovation and leadership in no longer using or providing plastic bags, bottles or straws. I am proud of our cadets for showing the way through their successful initiatives promoting the use of reusable water bottles over the past three editions of Hong Kong Race Week and grateful both to our management and to our membership for now taking up the ‘plastic free’ challenge with effect from World Oceans Day.”

“Navigating the World Towards Ocean Health” - NO SINGLE USE PLASTIC BOTTLES!

Reusable Water Bottles

As one of the RHKYC’s flagship events, Hong Kong Race week continues to strive to ensure the regatta is run to the highest sustainable manner. This year in line with the RHKYC policy – to not sell, provide, or encourage the use of single use plastic bottles due to the detrimental effect to the environment, both sailors and volunteers were supplied a souvenir aluminium reusable water bottle to use, as part of the SUN HUN KAI & CO. HONG KONG RACE WEEK welcome pack initiative and encouraged to use other reusable bottles.

Water refilling stations were in both female and male changing rooms, in 6 other locations scattered throughout the boat park and hardstand which provided large water carboys (bottles are recycled with the distributor) with pumps to refill personal water bottles, along with water jugs available at the bar for a top up. We also have a large capacity water filter machine that is located on the hardstand which further reduces the need to purchase water.

Permanent signage in and around the club indicates water refill stations with additional signage mounted to indicate further refill stations on the hardstand.
Carboys were also distributed to all Race Committee vessels and coach boats so sailors and volunteers could refill their bottles while on the go out on the racetrack.

2. Eliminate Plastic Straws
As part of the Club’s commitment in 2016 to eliminating single use plastic – plastic straws have also been eliminated from the RHKYC. Straws are not issued - by request only and in paper form.

3. Serve Food with Plastic-Free Dinnerware
This year more conscious decisions were made on food preparation for the regatta and the after-racing sailor snack were prepared in sugar-based recyclable bento boxes, enabling the reduction of food waste by giving the sailors the ability to take the food with them and not discarding ½ eaten meals and adding to food waste. Standard metal cutlery was used with the option for wooden cutlery being available on demand if the meal was required to be taken away with the sailor.

Local food favourites were served up with a vegetarian offer.
4. Use and provide reusable bags
As part of the event’s sustainable souvenir items pack initiative, all sailors and volunteers were issued with a dry bag backpack. Not only a very practical reusable souvenir, as a highly sought-after competitor & volunteer participation souvenir, the popularity of the item encourages the continued use of the bag, also making it a significant advertisement tool for our regatta.

The use of non-single use bags – a RHKYC branded and issued bag, were used for the distribution of lunch packs daily for the volunteers. Each bag is clearly labelled for the race management team boat and at the end of each day the bags are returned, rubbish responsibly distributed for recycle and then set up for use again the next day. Bags are used year on year. *All our sandwiches are wrapped in paper with no plastic wrap used.
5. Awards - Practical items and upcycled medals

Regatta Awards:

Our regatta medals were all upcycled and produced by a socially responsible group who vocationally train and employ handicapped and disabled workers, to assist with their production. Wooden wine crates are sent from the Royal Hong Kong Yacht Club and upcycled in the production of regatta medals.

Additionally, the sailors received a useful cotton towel with their medal.

6. Publicity of HKRW sustainability efforts & certification

Participation in the Clean Regatta program starts with the noted inclusion in the HKRW Notice of Race:

“1.8 This event is designated a Clean Regatta by the Sailors for the Sea, a non-profit organisation that educates and empowers boaters to protect and restore our oceans and coastal waters. Our goal is Platinum Level.”

**Dedicated Website with specific content:** Our Website home page includes our past certification as a Clean Regatta for sailors of the Sea on the home page and includes the Sailor for the Sea logo in the footer for every page.

Promotion of HKRW’s commitment to the Sailors for the Sea is an ongoing pledge which is undertaken throughout the entire year – not just over the event period.
Targeted Newsletters & social media content to competitors and volunteers:

**RACING AGAINST POLLUTION:**
Join the our Green Team for a Beach Clean Up and Middle Island Saturday 4 February in preparation for the regatta. We are striving for a Platinum certified CLEAN REGATTA with Sailors for the Sea.

**Beach Clean SIGN-UP**

**OUR GREEN TEAM NEEDS YOU**

- **Bring a Barrel**
  - Long-term sustainable neatness through barrel that can transport recyclable materials.

- **Say No to Single-use**
  - Refuse single-use plastic items such as drinking straws, coffee cups, and water bottles. Always use reusable materials and contribute to reducing waste.

- **Keep It Clean**
  - Keep your personal space clean and contribute to maintaining a clean environment.

- **Respect the Ocean**
  - Avoid polluting the ocean and contribute to preserving natural resources.

Help us protect and restore the waters of the world!

**WE NEED YOUR HELP - SIGN UP!**

We are looking for **EXPERIENCED** Mark Layers & Race Management Team Members to join our team of volunteers for Sun Hung Kai & Co. Hong Kong Race Week 2023.

Can you help?
Sign up now if you can help.

**Volunteer**

**We are Racing Against Plastic Pollution**
Join us Thursday 12 January at Kellett Island - 1830hrs for a screening of *A Plastic Ocean* with our own Marine Biologist - Thea Bradford.
Save our Middle Island dolphins and turtles from plastic waste - find out how

**More details**
Rain, wind and sun made for a successful beach clean-up as part of the Royal Hong Kong Yacht Club (RHKYC) Sun Hung Kai & Co. Hong Kong Race Week 2023 regatta. The HKRW Green Team and the RHKYC Sustainability Team teamed up with local Hong Kong charity Hong Kong Shark Foundation to host this fun and informative Middle Island Beach Clean-Up this past weekend.

Our 26 volunteers braved the elements and collected:
* 60.46 kg of rubbish (including 7.5 kg of glass pieces)
* 23 plastic bottle caps
* 4 plastic recyclable beverage bottles (all from Hong Kong)
* 2 aluminum drink cans (recyclable)
* 1 huge ghost net

This beach clean-up reminds us that still the BEST solution to pollution and stopping plastic in the ocean is to REDUCE our waste and REDUCE using single-use plastics before considering RECYCLING! Though we didn’t find any masks, we know that over 225 million masks are used each month in Hong Kong alone and these non-reusable masks contribute hugely to the rubbish problem and encourage people to use reusable masks NOT disposable in 2023.

Thank you to Rowen Logan from the RHKYC’s Sustainability Committee for all your great organization and to the committee members Cary Ng and Anthony Ngai for attending/supporting this event. 🤗😊

#volunteer #beachcleanup #beachclean #givingback #hongkongsharkfoundation #sustainability #sharks #sharks #ocean #endangered #sharkweek #whalewatchsharks #sharkconservation #savesharks #sharklover #sharklove #SDG14 #fightagainstplasticpollution #plasticpollution #sharkconservation #plasticpollution #sharklovers #plasticpollution #sharkmatch #plasticpollution #sharklovers #plasticpollution #sharkmatch #plasticpollution #sharklovers #plasticpollution #sharkmatch #plasticpollution #sharklovers #plasticpollution #sharkmatch #plasticpollution #sharklovers #plasticpollution #sharkmatch #plasticpollution #sharklovers #plasticpollution #sharkmatch

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Add a comment...
Promotion of the event’s best practices of a Beach Clean-up and Clean Ocean Environmental Awareness efforts were highlighted in a special screening of *A plastic Ocean* - including a frank discussion with expert input from an international Marine Biologist, were also promoted through the HKRW event newsletters distributed to past and present competitors and volunteers, along with being noted in the RHKYC newsletters, distributed to the entire membership data base.
7. Involve Local Organizations:

Racing against Plastic Pollution with Sun Hung Kai & Co. Hong Kong Race Week 2023 – Screening of A Plastic Ocean:

**A Plastic Sea Foundation**: The HKRW Green Team joined forces with the RHKYC Sustainability team and in conjunction organised a special movie screening of “A Plastic Ocean” on the 12 January in the lead up to the 2023 regatta.

Attending Marine Biologist Thea Bradford and **A Plastic Ocean Foundation** representative Jasmine Siu were joined by a special guest appearance of Harry Chan – known in Hong Kong as the “Ghost Net Hunter”, to share information with sailors and club members on how the influx of plastic and other waste is affecting the health and biodiversity of the Ocean particularly in Hong Kong. Each offering some great advice on ways everyone can modify their behaviour to do their part to save the health of our oceans. The movie raised a myriad of questions from the attendees who were very engaged in the conversation of plastic pollution and solutions.

**Racing against plastic pollution: Beach clean- up for Sun Hung Kai & Co. Hong Kong Race Week**

The combined HKRW Green Team | RHKYC Sustainability Team, along with local Hong Kong NGO, **Hong Kong Shark Foundation** hosted a beach clean-up at Middle Island Beach, two weeks prior to the regatta, making a great effort to clear accumulated rubbish in and around the event venue, that pollutes our waterway affecting the local marine wildlife and habitat at Middle Island.

“In preparation for the Sun Hung Kai & Co Hong Kong Race Week 2023 regatta, the HKRW Green Team and the Royal Hong Kong Yacht Club (RHKYC) Sustainability Team together with NGO Hong Kong Shark Foundation, teamed up to host a pre regatta Middle Island Beach Clean Up.

The successful beach clean-up was run with a fun and informative wrap up session highlighting the rubbish collected which also gets added to a data base recording the types of marine rubbish in Hong Kong.
Our volunteers braved the elements in wet and wild winter conditions to collect:
* 60.46 kg of rubbish (including 7.5 kg of glass pieces)
* 23 plastic bottle caps
* 4 plastic recyclable beverage bottles (all from Hong Kong)
* 2 aluminium drink cans (recyclable)
* 1 huge ghost net

This beach clean-up reminded us all that the BEST solution to pollution and stopping plastic in the ocean is to REUSE our waste and REDUCE using single-use plastics before considering RECYCLING! Though we didn't find any masks, we know that over 225 million masks are used each month in Hong Kong alone and while these non-reusable masks contributed hugely to the land fill rubbish problem, Hong Kong residents needed to be encouraged to use reusable masks NOT disposable one in 2023. (*Hong Kong only lifting the mandatory mask wearing after 959 days on 1 March 2023*)

*From the report about the BEACH Clean-Up posted to social media.*

The beach clean-up was also attended by the title sponsor of the regatta, further pushing out the message of sustainability to a wider corporate audience and reinforcing the ongoing need to eliminate the use of single use plastic items and thereby helping improve the health of our waterways for our local marine wildlife.

**Develop partnerships with not-for-profit organisations and academic focussed sustainability**

HKRW also involves several non-for-profit organisations who attend the regatta to help promote awareness of sustainability particularly with issues to which directly affect the sea environment. By motivating and educating our sailors to make lifestyle changes, particularly by eliminating single use plastics from their daily life, we can help to reduce the impact of waste that is currently polluting our cities and water ways.

**Plastic Free Seas – Hong Kong:** Plastic Free Seas is a Hong Kong based environmental charity, focused on changing the way we all view and use plastics in society today, through education and action campaigns. The organisation attended HKRW and sets up informative educational sessions for our youth sailors to teach them of the importance of making a change.

Our entry level - Green Fleet sailors, as part of their first-time regatta experience, had a scheduled educational session on environmental awareness as part of their program, demonstrating how important it is for the next generation of sailors to be made aware of how our actions are impacting the environment and what they can do.
A Plastic Ocean Foundation also attended the event with a marquee set up highlighting the diverse types of plastic and other rubbish polluting our local waterways.

Their staff spending time with attendees to the event venue to discuss the crisis of plastic pollution and again offering advice on modifying their behaviour to contribute to a healthier ocean for all users and marine wildlife and habitats.
8. Post Educational and Reusable Signage

We recycled signage from the 2017/2018 Volvo Ocean Race Hong Kong Stopover – which has been on display at all our HKRW events and remains permanently outside our Sailing Office at RHKYC. We also use targeted signage that reinforces the message of our commitment to the non-supply of single use plastic bottles and straws, plastic pollution and ocean conservation.
9. Serve Local Food or Source Seafood Sustainably

The event served up local inspired meals to both sailors and volunteers. Our volunteers enjoyed local favorites such as steamed pork buns and Hong Kong’s famous Pineapple buns amongst the breakfast offered up to our volunteers every morning of the regatta.

*The Club also only serves food that is locally sourced and from sustainable sources. WWF has helped us to assess several seafood suppliers in Feb 2016 and we started to serve sustainable seafood in Oct 2016. Products from suppliers are certified by the Marine Stewardship Council with 100% traceable origin, 100% natural, 100% free of chemical, antibiotics and growth hormones, 100% safe.

10. Organize a Green Team

We had a combined Green Team for the event set up with the Royal Hong Kong Yacht Club’s Sustainability Committee, working to gain maximum traction for both the event and the Club on the issues of pursuing Clean Regattas and to further reinforce the ongoing commitment of the club to eliminate single use plastic, pollution and be dedicated to ocean conservation in the long term. Our team started planning events in the lead up to the event 11 months out, enabling great coordination and planning for publicly attended events on sustainability awareness, not only during the event – but most importantly in the months leading up to the event, incorporating local NGO’s and continuing to raise ongoing awareness for club members about Ocean Health.

The event also nominated 2 x Youth Sailors to be Clean Regatta Ambassadors for the regatta, to reinforce the commitment of the Royal Hong Kong Yacht Club’s Youth Sail Racing program “The Sharks” with Hong Kong Race Week to our efforts of Racing Against Plastic Pollution. The Ambassadors spoke at the opening ceremony of the event, explaining to the sailors how the items handed out in competitors Race Pack help the environment. Anyone with questions, being encouraged to look for our Sailors for the Sea Youth Ambassadors Sveva Amadei and Alexandra Jill Yam for more information.

In their speech at the opening ceremony – conducted in both English and Chinese, both girls spoke to highlight the Sailors for the Sea and Clean Regatta Programs:

“Good afternoon fellow Hong Kong Race Week competitors, coaches and race committee. We are excited to welcome you all to our home and hope you enjoy your time racing here.

We are and Sveva Amadei & Alexandra Jill Yam from the RHKYC Sharks racing team and one of our core focuses is the protection of our marine environment. At Sun Hung Kai & Co. Hong Kong Race Week we are racing against plastic pollution.
Together with our Green team, the Royal Hong Kong Yacht Club Sustainability Committee and Sailors for the Sea - we are working for a Clean Regatta. A healthier ocean starts here with us all.

*Every sailor will receive a reusable water bottle - forget the plastic water bottle - reuse your water bottle every time you sail and remember the great sailing here at HKRW each time you use it.*

Our supporters BRUSH WITH BAMBOO have also supplied you with a bamboo toothbrush to help reduce the plastic that enters our waterways and litter our beaches.

Remember REDUCE - REUSE – RECYCLE – RESTORE - REPLENISH Enjoy Sun Hung Kai & Co. Hong Kong Race Week 2023 and good luck racing!”

**11. Ensure Proper Waste Bin Placement and Signage**

We have multiple, well placed and signed rubbish bins at the event venue, each also displaying easily identified markings to indicate the recycling choice – in both English and Chinese.

**12. Divert Food Waste from the Landfill**

Sugar based recyclable container was offered to sailors for their after sailing snack, enabling them to take home any uneaten food and eliminating further food waste, the RHKYC also incorporates the use of ORCA Machine.

We have had a food waste processing unit, the ORCA machine at the Club since 2019. The machine is now processing around 300 kg of food waste every month, and minimizes waste being discharged to landfill. The RHKYC also participates in the “Foodlink food recycle” programme. Foodlink collects safe-to-eat surplus food from us and deliver to those in need and this helps local community and reduces our city’s landfill. Collected food is provided to people who live below the poverty line in Hong Kong.
13. Use Paperless Event Management

Sun Hung Kai & Co. Hong Kong Race Week uses various online portals to handle event management needs. The event has a dedicated website that embeds all the features for a full online entry registration, Online Notice Board and sign on and off the water safety system by incorporating the event management system Clupspot, along with the RRoS portal for full support for all the Sailors, Coaches Race Committee, Technical Committee and Jury communication required.

*Online Notice Board

*Online Entry System
14. Host a Beach Clean-up Throughout the lead up to the event, HKRW and RHKYC social media, website and newsletters actively promoted a call for action by the HKRW Green team, who teamed up with the RHKYC Sustainability team and local NGO the Hong Kong Shark Foundation, to participate in a beach cleanup at the regatta venue, 2 weeks prior to the event.
Racing against plastic pollution: Beach clean-up for Sun Hung Kai & Co. Hong Kong Race Week

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* Further details as listed above in point 7

15. Transportation to the race venue

Local transport was highlighted to attendees as the best means of getting to the race venue, with clear instructions and images given on the website. With Hong Kong’s very efficient public transport system this option makes it extremely easy for competitors to easily access the race venue, particularly for our international sailors and international jury who were able to use the frequent and efficient service from their nearby regatta hotel. A bus stop is conveniently located at the top of the stairs leading to the small dock area for the solar powered sampan (ferry) which transfers people to the island venue.

HOW TO GET TO MIDDLE ISLAND:

Directions to Middle Island with photos on this link.
Taxi or public bus. Then walk via Seaview Promenade from Deepwater or Repulse Bay (or steps near bus stops) to ferry.
Repulse Bay (or steps near bus stops) to ferry. Bus stops as shown -

1) Stop 1: Citybus route 6 from Central (daily) Citybus route 61 from Central (Sundays & Public Holidays inSummer) First Bus route 63 from North Point (Mondays-Saturdays) First Bus route 65 from Central (daily)

2) Stop 2 Return routes for buses listed in point 1

3) Stop 3: Citybus route 6A (Mondays-Saturdays) Citybus route 6X from Central (daily) Citybus route 73 from Cyberport (daily) Citybus route 200 from Central (daily) Citybus route 972 from TaiPo (daily) First Bus route 65 from North Point (Sundays & Public Holidays) First Bus route 315 from the Peak (Sundays & Public Holidays) Green Mini Bus route 40 from Causeway Bay to Stanley (daily) Green Mini Bus route 52 from Aberdeen to Stanley (daily)

4) Stop 4 Return routes for buses listed in above point 3

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16. Increased Awareness of Wildlife and Habitat Protection:

Out on the Sun Hung Kai & Co. Hong Kong Race Week racecourse for the ILCA class and the 2023 29er Asian Championship, the full impact of sustainability and ocean pollution was seen first-hand. On the first day of racing, the Chinese Taipei Coach spotted a distressed dolphin entangled and struggling in a discarded fishing net – known as Ghost Nets. Ghost nets are lost, or intentionally discarded fishing nets found in the oceans around the world. In Hong Kong they are documented as being in the top 10 list of most commonly found marine litter. They are also one of the deadliest forms of sea litter that endanger our marine wildlife, responsible for trapping and killing many dolphins, turtles, whales in Hong Kong and causing further destruction by smothering coral reefs and devastating shorelines.

RHKYC member Ricky Lai volunteering onboard the Coach Boat, managed to cut the net free, seeing the dolphin swim safely free. A mere day after this heroic dolphin save, more ghost nets were recovered in the same racecourse area off Po Toi Island, this making 3 large nets in total recovered over the course of the regatta. Our participants and volunteers actively contributing to the protection of our Hong Kong wildlife and ocean health.

Video footage of the dolphin rescue went viral very quickly, with the full impact of marine pollution spotlighting a heightened awareness to the struggle of Hong Kong’s marine wildlife and the need for further enhance efforts to protect them.

Hong Kong Race Week was incredibly pleased to be contacted by the Hong Kong news network TVB News, who requested the footage of the incident to air as part of a report on the need to further increase marine protection zones for wildlife in Hong Kong waters.

The report mentioned: “The main problem is plastics, microplastics and large floating pieces of plastic that pollute the ecosystem,” said Carlos Rius, a researcher at Harbor School’s Marine Science Center.

In addition, fishing nets are also an "invisible killer" of marine ecology. The organization proposes the establishment of a marine protected area in the area covered by the "Hope Point".

Chen Tianming, a member of the Hong Kong Ocean Conservation Alliance, said: "In fact, marine protected areas are very important. Protecting not only the ocean, but also indirectly important to human and public health. Many foreign fishing boats have actually done a lot of damage, especially in the southern district. Sometimes they are seen at night. For example, lowering snake cages and dragging fish with trawl nets."

The organization also hopes to ensure that the precious resources of the ocean are not damaged.”

https://news.tvb.com/tc/local/6402ad83f8f364e595a532ad?utm_source=newsappshare&utm_medium=referral
Engagement on the HKRW social media gained momentum following the dolphin rescue story with many environmental groups adding their support by reposting the story on the need to expand Hong Kong Marine Conservation efforts.

These actions further increasing the awareness of the wildlife and habitat issues created by ocean waste to the Hong Kong public.

https://www.facebook.com/HongKongRaceWeek/videos/566184688795180

https://www.facebook.com/HongKongRaceWeek/posts/pfbid0K46k48u46wFoKKpb3TzX4r3ZxwZdeKY7qE9Hq3a7fUpaBa5H5ppCL86tS8fYWCDkI

*Spitke in interest of the dolphin rescue at HKRW*
17. Offer Vegetarian or Vegan Alternatives

Vegetarian food was on offer for both sailors and volunteers at this event. Volunteers were asked upon confirmation of their commitment to join the event, for their preference of a lunch provided – asking for vegan - vegetarian or any other food intolerances, likewise at the breakfast offer each morning. Sailors were offered vegetarian meals, with the capacity to also cater for vegan.

18. Eco-Smart Race Management equipment

The RHKYC is currently testing robotic marks which will further increase protection of the seabed from anchors that are currently used to lay marks. These remotely controlled marks are run via an electronic tablet and can be dropped into the water by a RIB and then positioned with the aid of their own propulsion and held in place via the locking in of a GPS coordinate. *The use of Bow Stickers has been eliminated from this event.

19. Prevent Toxins from Entering the Water

Being a dinghy regatta there was a “Water Only Washdown” protocol for all boats at our event. We also actively monitor and push for water conservation. A responsible adult volunteer was allocated to monitor the use of the hose for washing down returning boats from the racetrack, ensuring a speedy wash down reducing the waste of water.

The RHKYC also actively promotes the prevention of toxins and rubbish going into the waterways with signage on drains that go into the waterway.


The RHKYC launched a new solar powered EV sampan in 2022 which makes the short journey across to the Middle Island race venue of HKRW.

The solar powered sampan saves around 30 litres of petrol per day of operation, while yearly it will reduce greenhouse emissions equivalent to 28.6 tons of CO2.
Additional Enhanced Recycling
Upcycle old banners:

Our Green Team members this year also upcycled old vinyl banners – cutting hundreds of squares out, which were then disturbed to sailors to write their country prefix and sail number on and attached to their beach trolley. This helped our volunteer launch and retrieval team to easily identify the beach trolleys required quickly to distribute them to the waiting sailors as they arrived back to the boat ramp after racing each day.
- Enhanced environmental awareness watch:

The Ocean starts here: the truth about what goes down the drain and ends up in our waterways needs to be highlighted to everyone.

By using targeted prints on the drains around the club, we aim to raise further awareness to the issue of rubbish being washed down drains and then into our waterways.